

**HUMBER ELEMENTARY SCHOOL**  
**St. John's Avenue**  
**Corner Brook, NL**  
**A2H 2E5**

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**MEMO**

**TO: PARENTS/GUARDIANS**  
**FROM: SCHOOL ADMINISTRATION**  
**DATE: Monday, Feb. 10<sup>th</sup>**

**RE: Healthy Snacks and NLTA Janeway Day in the Schools 2014**

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The month of February continues to be a very busy month for students at Humber Elementary. Students start the DARE program at the grade six level; primary students celebrate the 100<sup>th</sup> day of school; students continue with the school cross-county ski program and students avail of downhill skiing and snowboarding at Marble Mountain. On another note, due to your overwhelming support, Humber Elementary is all sold out of Corner Brook Winter Carnival buttons.

The deadline for passing in tickets for the Home & School Valentine's Day Draw was today, Feb.10<sup>th</sup>. If you forgot to submit your tickets, please pass them into the general office on Tuesday, Feb. 11<sup>th</sup> at the latest.

Every year, NLTA Janeway Day in the Schools provides an opportunity for students and teachers to help other children. In fact, since 1986, students and teachers in Newfoundland and Labrador have donated more than \$983,000 to the Janeway. That's something to be proud of! On Friday, Feb.14<sup>th</sup>, we ask teachers and students to forego the equivalent of recess monies for the Janeway. Information about the Janeway can be accessed by visiting [www.janewayfoundation.nf.ca](http://www.janewayfoundation.nf.ca). We encourage all students and staff to wear red on that day!!

Families are reminded to pack nutritious lunches for their children. Please refer to the attached information sheets from Western Health on healthy snacks. Two important points that can be gleaned from the information sheets are: limit students consumption of sugar-sweetened drinks and foods high in fats & sodium; and at the

same time work on increasing the consumption of fruits and vegetables. Your continued efforts are extremely important for supporting children's growth and development, providing the framework for healthy choices and over time creating healthy lifestyle habits.

Wednesday, February 26<sup>th</sup> is PINK SHIRT DAY!! Each year, on Pink T-Shirt Day, schools across Canada encourage all members of their school communities to wear something pink to symbolize that we as a society will not tolerate bullying anywhere. The safe & caring schools committee would like to heighten students' awareness of various anti-bullying efforts at Humber Elementary. The wearing of a pink shirt is a visual reminder to all students that our goal is to erase bullying in our school community.

We would remind students to continue to dress warmly with their mittens, hats, snow pants, and winter boots for school each day. Parents/guardians, please check the lost & found on the first floor foyer for various clothing items which may have gone missing.

School is closed for students on Monday, February 17<sup>th</sup> for a Mid-Winter Holiday and on February 24<sup>th</sup> and March 31<sup>st</sup> for Professional Development. Feb. 18<sup>th</sup> is DAY 4 on the school schedule / Feb. 25<sup>th</sup> is DAY 3 on the school schedule.

A Happy Staff/Teacher Appreciation Week to all of the staff members at Humber Elementary. Thanks to the Home & School Association for providing various "treats" throughout the week.

This week during the school day, students are working on Olympic lessons / activities. Primary Olympic Day is slated for Thursday, Feb. 20<sup>th</sup> and Elementary is scheduled for Friday, Feb. 21<sup>st</sup>.

Lastly, please work with the school staff to maximize instructional time for your children. Each morning, please ensure your child/children are on time for homeroom class; students are expected to be in homeroom at 8:15AM. Parents/guardians, thank you for your continued support and cooperation around our new security protocol (doors locked 8:30AM-2:30PM) and checking into the office before going to your child's class. Continue to use the drop and go lane at the south end of the building and be very cognizant of parking forward to assist with smooth traffic flow.

FYI ~ New School Website - <http://hes.westernlite.ca>

**Happy Valentine's Day to all families!!**